



“The best thing about being a girl is, now I don’t have to pretend to be a boy.”

Resource List: Transgender and Gender Non-Conforming Children

Resources for young children and their families.

Local Resources

Family Outings and Playgroups

Families and Advocates of Boston Area Gender Nonconforming and Transgender Children

<https://groups.google.com/d/forum/gnckidsboston>

“Welcome to the Google Listserv for Families and Advocates of Boston Area Gender Nonconforming and Transgender Children. This is a safe space for families and advocates of GNC (non-binary, fluid, agender, expansive, etc.) and transgender children to connect and be supported. By joining this listserv, you are agreeing to respect people’s privacy. For the safety and security of the children, please do not share personal information on this listserv or outside of this group.” This is the link to join the listserve.

Venture Out Project

<http://www.ventureoutproject.com/schedule/2017/6/16/trans-family-camping-weekend-all-ages-western-massachusetts>

Venture Out Project hosts a family camping trip for LGBTQ families. “We define an *LGBTQ Family* as a family where any member of the family (adult or child) identifies as lesbian, gay, bi-sexual, pansexual, trans, non-binary, gender non-conforming, or more. This weekend is for any and all members of your family - kids, parents, grandparents, care-givers.”

Camp Arantique

<http://www.camparanutiq.org/>

A camp for gender-variant and transgender children age 8 and older, and family camp weekends “for transgender & gender-variant youth of all ages and their families. Extended family members are welcome.”

Counseling, Support Groups, Medical Care

SAYFTEE (Supporting Alternative Youth and Families Through Education and Empowerment)

<https://www.sayftee.com/gender-xplorers-1/>

Playgroups for children as young as 4, support groups for parents of gender expansive kids. SAYFTEE is “committed to offering, workshops, groups, and services to meet the needs of gender expansive and LGBTQI youth and families in Massachusetts.”

Boston Children's Hospital Gender Management Service (GeMS)

<http://www.childrenshospital.org/centers-and-services/programs/a--e/disorders-of-sexual-development-dsd-and-gender-management-service-program/disorders-of-sexual-development-program>

“The Gender Management Service (GeMS) at Boston Children’s Hospital believes that all children deserve to grow into confident and happy individuals who are able to take their rightful place in society. We specialize in providing comprehensive care to the unique group of gender non-conforming children and adolescents. Our team consists of providers from Endocrinology, Psychology, and Social Work, and works closely with specialists in other departments in the hospital such as Adolescent Medicine, Urology, and Plastic Surgery to develop individual care plans that meet every child's medical and emotional needs, as well as the family's need for information and support.”

Greater Boston PFLAG (Parents and Friends of Lesbians and Gays)

<http://www.gbpf.org/>

Boston chapter of the national organization. “We are a group of parents, families, friends, and lesbian, gay, bisexual, transgender, and queer people. We help change attitudes and create an environment of understanding so that our LGBTQ family members and friends can live in a world that is safe and inclusive. We accomplish this through support, education, and advocacy.” Parent support meetings, speakers and trainers bureau, parent-to-parent support.

Legal and Educational Support

GLAD (GLBTQ Legal Advocates & Defenders)

<https://www.glad.org/>

“Through strategic litigation, public policy advocacy, and education, GLBTQ Legal Advocates & Defenders works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation.”

Massachusetts Transgender Political Coalition

<http://www.masstpc.org/>

“The Massachusetts Transgender Political Coalition (MTPC) is dedicated to ending oppression and discrimination on the basis of gender identity and gender expression.” Offers training and information, including assistance with name and gender marker changes on documents.

Performance

The Pineapple Project

<https://www.pineappleproject.org/>

The Pineapple Project is “a theater piece for young children to advocate and validate each child’s individual freedom to be who they are.”

They “collaborate with caregivers and educators, tailoring programming that will complement the 30 minute performance, allowing kids the opportunity to explore the themes of the show, either with a post-show conversation, an art project, or an activity, or any combination of these.”

National Resources

Support and Education Organizations

Gender Jabber

<https://www.genderjabber.org/>

One of the few sites that focus on very young children, birth-5. “This page is meant to be a resource for people who interact with young children and who want to think inclusively about gender. It is for people who want to support kids of all genders. The focus is on language we use.”

Human Rights Campaign

<http://www.hrc.org/explore/topic/transgender-children-youth>

Human Rights Campaign has many articles and videos that support transgender young people in school and at home, including resources for parents.

Welcoming Schools

<http://www.welcomingschools.org/>

“Welcoming Schools is the nation's premier professional development program dedicated to creating respectful and supportive elementary schools [with a lot of content that can be used for children 2 and older] by embracing family diversity, creating LGBTQ- and gender-inclusive schools, preventing bias-based bullying, and supporting transgender and non-binary students...We have book lists for your school or classroom library, ready-to-use lesson plans, tips to make your school more welcoming for students and families and suggested responses to questions related to gender, families and LGBTQ topics.”

Gender Spectrum

<https://www.genderspectrum.org/>

“Gender Spectrum helps to create gender sensitive and inclusive environments for all children and teens.”

Trans Youth Equality Foundation

<http://www.transyouthequality.org/>

“The Trans Youth Equality Foundation provides education, advocacy, and support for transgender children, youth, and their families.”

Anti-Defamation League

<http://www.adl.org/education-outreach/early-childhood/c/the-question-corner.html>

“ADL has long worked for lesbian, gay, bisexual and transgender (LGBTQ) rights, opposing discrimination laws and criminalizing and exposing hate crimes...The next generation of young people is the proving ground for sustainable change, which is why all ADL education programs, including anti-bias and bullying prevention, address respect for all people regardless of sexual orientation and gender identity.”

Articles and trainings through their Miller Early Childhood Initiative, especially under The Question Corner.

GLSEN (Gay Lesbian and Straight Education Network)

<https://www.glsen.org/>

“Championing LGBTQ issues in K-12 education since 1990. Our mission is to create safe and affirming schools for all, regardless of sexual orientation, gender identity, or gender expression.”

Articles

<https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Non-Conforming-Transgender-Children.aspx>

<https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Identity-and-Gender-Confusion-In-Children.aspx>

In depth articles about child development from the American Academy of Pediatrics, including the above articles about Transgender and Gender Non-conforming children. Also available in Spanish.

<http://www.nationalgeographic.com/magazine/2017/01/>

<http://channel.nationalgeographic.com/gender-revolution-a-journey-with-katie-couric/>

National Geographic's issue on “Gender Revolution”

<https://www.rethinkingschools.org/articles/its-ok-to-be-neither-teaching-that-supports-gender-variant-children>

From Rethinking Schools: “It's OK to be Neither: Teaching that supports gender-variant children”.

http://hrc-assets.s3-website-us-east-1.amazonaws.com//welcoming-schools/documents/WS_Gender_Sexual_Orientation_Definitions_Adults.pdf

“Definitions to Help Understand Gender and Sexual Orientation for Educators and Parents/Guardians”

<https://www.tolerance.org/sites/default/files/2017-07/Teaching-Tolerance-Know-the-Difference-Poster-Summer-2015.pdf>

Colorful poster that depicts definitions of sex, sexual orientation, gender identity, and gender expression.

Videos

<http://www.nbcnews.com/nightly-news/video/-i-wanted-to-be-a-boy---life-as-a-5-year-old-transgender-child-431696451602>

Video of a 5 year old talking about his life as a Transgender boy. There are several others in this series.

<https://www.youtube.com/watch?v=2B3ea7IGwLA&t=4s>

From National Geographic: 9-year-old children from around the world talk about gender. Includes a Transgender girl.

<https://www.youtube.com/watch?v=YSuJ700Mo3I>

“An Introduction to Transgender People” Includes a young Transgender girl.

<http://www.welcomingschools.org/our-films/what-do-you-know/>

“*What Do You Know?* is an award winning 13-minute film produced by HRC Welcoming Schools for elementary school educators and parents/caregivers. The film features students from Alabama and Massachusetts discussing what they know about LGBTQ people, what they hear at school and how teachers can help.” Several students from Cambridge are in this film.

Books, Book Lists, and Other Resources

For Children

Who are You? The kid’s guide to gender identity By Brook Pessin-Whedbee

“An introduction to gender for ages 3+, with straightforward language for talking about how we experience gender: our body, our expression, and our gender identity.”

Red: A Crayon’s Story By Michael Hall

A blue crayon mistakenly labeled as "red" suffers an identity crisis.

From Welcoming Schools

<http://www.welcomingschools.org/pages/looking-at-gender-identity-with-childrens-books/>

From Genderjabber

<https://www.genderjabber.org/recommended-books>

From Kids Guide to Gender

<https://kidsguidetogender.com/resources/classroom/>

For Adults

Raising My Rainbow: Adventures in raising a fabulous, gender creative son by Lori Duron

From Welcoming Schools

<http://www.welcomingschools.org/pages/gender-identity-and-children-books-to-help-adults-understand/>

From Kids Guide to Gender

<https://kidsguidetogender.com/resources/organizations/>

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